

Fluid assessment tool

The fluid assessment form below has been developed to provide a comprehensive assessment of the patient's fluid status between dialysis sessions (Fielding, 2006).

Patient name: _____

Unit name: _____

Hospital number: _____

Date of assessment: _____

Assessment chart:

Post-dialysis blood pressure (averaged over the last three sessions [SBP/DBP])	
Presence of oedema? (Yes/No)	
Regular cramps on dialysis? (Yes/No)	
Stable on dialysis? (Yes/No)	
Current target weight	
Number of in-patient days in last month	
Subjective patient appetite assessment (Good/Normal/Poor)	
Any blood pressure medication (list):	

Scoring sheet (circle relevant scores):

Variable	Over-load	Under-load
Post dialysis SBP > 130	+1	
Post dialysis DBP > 80	+1	
Cramps on dialysis		-1
Post dialysis SBP < 100		-0.5
Post dialysis DBP < 50		-0.5
Oedema at ankle	+1	
Three or more in-patient days in last 30 days	+0.5	
Patient appetite poor	+0.5	
Patient appetite good		-0.5

Date	Score	Current target (kg)	Revised target (kg)	Completed by	Signature

Date of next assessment:.....